

Name Vincent

Please respond thoughtfully and honestly to the prompts below. All of the prompts are in reference to your experiences from yesterday.

Before, During and After

Please take a moment to reflect on the time leading up to exhibition. What moments throughout the day are still in your memory? How were you feeling before exhibition? What thoughts were racing through your mind? Tell me anything you would like about your day leading up to our performance.

Before the performance, I was playing monkey in the middle with a soccer ball which got me feeling excited. After we ate and drank, I was really pumped up and ready to perform. The lines of my poem kept racing through my head. In my head, I was thinking, "It's already over" and, "too easy!" Overall, I was really hyped up and ready to get it over with. The warm-up was also helpful to get us in the mood. Beto and Cayla, and I were listening to music.

Please take a moment to expand on how you were feeling during the performance last night. How did you feel? What is something memorable you saw or a visual that will stick with you as a reminder of the experience? Tell me anything you would like about your experience during the performance.

I was feeling really passionate and ready to give emphasis/emotion during my poem. I will always remember the order we stood in. It was Sarina, Zamira, Poole, then me and we wore white, black, white, black. The experience wasn't really nervous because I felt like the poem was coming straight from our hearts.

Please take a moment to describe how you felt after the performance. What were you feeling the moment you took your curtain call? How were you feeling during and after Aleks's drum solo? What discussions or conversations did you have with others after about your performance. Tell me anything you would like about your experience after the performance.

After the performance, I felt like I could do it 1000 more times. I also felt really relieved and relaxed. I was hyped up during Aleks's drum solo and he was playing his heart out. After I went home, my mom told me good job.

Name SAPINA KUNINAGA

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The day of exhibition the volleyball team had their senior night. I am their "#1 supporter" so I was really disappointed I couldn't go. Right before I went up to perform I found out they won it. Some old faces came to see our exhibition, Nadia and Jolyna. Zamira was really nervous and I told her I would say her lines if she forgot. The warm up exercises really made me love my team.

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When I walked up I looked straight at my mom and smiled. I was unsure of when to start. I forgot to say "The hardest battle is the one with ourselves" We said our all together lines really good. We all forgot "acceptance" and kind of looked at each other. I looked down a lot but I remember trying to be more powerful with my words.

Please take a moment to describe how you felt after the performance. What were you feeling the moment you took your curtain call? How were you feeling during and after Aleks's drum solo? What discussions or conversations did you have with others after about your performance. Tell me anything you would like about your experience after the performance.

After the performance, watching Aleks play was so brilliant. He is a very quiet person and through his smile, I could see where his passion was. Zamira, Bethany and I figured out what time my mom was gonna take us to a party. Carla gave me a tour of the haunted house. I was happy that none of us messed up and relieved to listen to my favorite spoken word which was the reclaiming the color red one.